

— PORTATA PRINCIPALE —

(Main dish)

Pollo Funghi	£12.90
Breast of chicken cooked on the grill and topped with a cream and mushroom sauce served with roast potatoes and broccoli.	
Scaloppine al limone	£15.40
Veal, pan fried with flour, in a white wine, lemon and butter sauce. Served with roast potatoes and broccoli.	
Veal Steak	£16.40
Veal steak cooked on the grill, served with rosemary sauce, roast potatoes, broccoli and green beans.	
Vitello Milanese	£15.90
Veal pan fried in a light batter served with spaghetti Bolognese or homemade tomato sauce.	
Bistecca di Pepe	£16.90
Marinated sirloin steak cooked on the grill, served with roast potatoes, broccoli and a peppercorn sauce, red wine and cream sauce	
Tagliata di Manzo	£16.90
Sirloin steak cooked on the grill served on a bed of rocket salad, pecorino cheese and cherry tomato, topped with reduction of red wine.	
Lamb Chops Scottadito	£15.40
Grilled Rosemary Lamb chops served with lamb gravy, broccoli and green beans.	

— SEAFOOD —

Gamberi alla Grillia	£16.50
Shell king prawns cooked on the grill, served on a bed of rocket salad and red Onion.	
Seabass Fillet	£16.90
Seabass fillet cooked on the grill served with broccoli, green beans and roast potatoes.	
Fritto Misto	£16.90
1 shell King prawn, 2 tiger prawns, Calamari and seabass deep fried in a light batter. Served with rocket salad, onion and lemon. Topped with a reduction of balsamic vinegar.	

— CONTORNI —

(Side dish)

French fries	£2.80
Roast potatoes	£2.80
Green Beans	£2.80
Zucchine	£2.90
Fresh Broccoli	£2.80

— PIZZA —

Pizza Margherita (V)	£7.50
Tomato sauce and mozzarella.	
Pizza Americana	£8.50
Tomato sauce, mozzarella, spicy salami, fresh chilli and red peppers.	
Pizza Quattro Stagioni	£8.90
Tomato sauce, mozzarella, black olives, mushroom, spicy salami and ham.	
Pizza Quattro Formaggi	£8.90
Four types of cheese (no tomato sauce).	
Pizza Bufala	£11.90
Tomato sauce, mozzarella, parma ham, buffalo mozzarella, rocket, cherry tomatoes, topped with parmesan cheese	
Pizza Vegeteriana (V)	£8.90
Tomato sauce, mozzarella, red peppers, artichokes, red onion, black olives, mushrooms and spinach.	
Pizza Hawaiano	£8.90
Tomato sauce, mozzarella, pineapple and ham.	
Pizza Alla Fiorentina (V)	£8.90
Tomato sauce, mozzarella, spinach and egg.	
Pizza Napoletana	£8.90
Tomato sauce, mozzarella, anchovies, capers and black olives.	
Pizza Polletto	£9.90
Tomato sauce, mozzarella, roasted chicken, onion and red peppers.	
Pizza La Nostra (V)	£9.95
Tomato sauce, mozzarella, sweet corn, red peppers, goat's cheese, fresh rocket and topped with parmesan cheese.	
Pizza Funghi (V)	£8.50
Tomato sauce, mozzarella and mushrooms.	
Pizza Prosciutto	£8.90
Tomato sauce, mozzarella and Parma ham.	
Pizza Pepperoni	£8.90
Tomato sauce, mozzarella and spicy salami.	
Pizza Frutti di Mare	£11.50
Tomato sauce and mixed sea food (with or without mozzarella cheese).	
Calzone	£8.90
Folded pizza filled with mozzarella, salami, ham, olives and mushroom Drizzled with homemade tomato sauce.	
Calzone Verdure (V) (N)	£8.90
Folded pizza with mozzarella, aubergine, courgettes, black olives and spinach, drizzled with pesto sauce.	

*All our Pizzas are hand stretched to order and our fresh tomato sauce prepared daily.
Additional toppings are available, prices are as followed:
Meat/fish/cheese £1.50, vegetables £1.00.
Gluten Free Pizza Available for £1.50 extra*



ANTIPASTI (Starters)

Focaccia (M) Rosemary bread drizzled with extra virgin olive oil.	£4.50
Garlic Pizza Bread (V) Garlic and homemade tomato sauce.	£4.50
Bruschetta (M) Toasted homemade bread topped with fresh chopped tomatoes, garlic and basil, drizzled with extra virgin olive oil.	£4.50
Antipasti La Nostra Salami, ham, prosciutto, mozzarella buffalo, green olives, chargrilled vegetables. Served with homemade bread.	£10.50
Antipasti Vegeteriana (M) Mozzarella buffalo with mixed grilled vegetables, topped with homemade pesto and served with homemade bread.	£9.50
Tricolore (M) Avocado, mozzarella, fresh tomato.	£6.90
Melanzane alla Parmigiana (M) Slices of Aubergine, layered with a rich tomato sauce and parmesan cheese, then oven baked.	£6.50
Granchio Gamberetti Crab meat mixed with mayonnaise, baby prawns, garlic and parsley served in a bed of fresh tomato and lemon.	£7.50
Gamberoni Fritti Deep Fried shell King Prawns in a light batter served with garlic oil.	£8.90
Calamari Fritti Deep fried squid and courgettes served with tartar and sweet chilli sauce.	£8.90
Mozzarelline Fritti (M) Deep fried baby mozzarella in breadcrumbs served with our homemade tomato sauce.	£6.90
Cozza Provincale Mussels served with a garlic, tomato and white wine sauce, served with homemade bread.	£8.40
Polpette di Carne Meatballs served in a rich tomato sauce, with homemade toasted bread.	£5.50
Insalata Mediterranea (M) Mixed leaf salad, fresh tomato, red onion, mozzarella and Green olives. Drizzled in extra virgin olive oil.	£6.20
Pomodoro Cipolla (M) Tomato and onion salad.	£3.80
Mixed Leaf Salad (V)	£4.00
Rocket Parmesan Salad (V)	£4.50

PASTA

Linguine La Nostra Peeled tiger prawns, cherry tomatoes, garlic, and chilli in a white wine and homemade tomato sauce.	£10.95
Linguine Vongole Shell clams, garlic, fresh chilli and cherry tomatoes cooked in a white wine sauce.	£10.95
La Pasta Dello Chef Spaghetti with Broccoli, fresh Italian sausage, garlic, fresh chilli with extra virgin olive oil.	£8.95
Lasagne Al Forno Layers of pasta, baked in the oven with minced beef in tomato sauce, béchamel and parmesan (please allow 20 minutes cooking time).	£8.50
Penne Amatriciana Home made tomato sauce with pancetta, onion, fresh chilli and garlic.	£8.90
Penne Arrabiata (M) Homemade tomato sauce with fresh chilli and garlic.	£7.90
Linguine Polpette Hand rolled meatballs, with egg, garlic, onion, flour and breadcrumbs, tossed in a homemade tomato sauce.	£10.95
Gnocchi Cartoccio Gnocchi in a mixed seafood, tomato and white wine sauce. Topped with a pink prawn and wrapped in aluminium foil.	£12.95
Spaghetti Mare Mixed sea food and garlic in a homemade tomato and white wine sauce.	£11.95
Spaghetti Alla Carbonara Spaghetti with Pancetta, egg yolk, and parmesan in a cream sauce.	£8.90
Spaghetti Bolognese Spaghetti in a homemade tomato sauce and minced beef.	£8.90
Penne Sicilian Penne with aubergine, fresh chilli and garlic in a homemade tomato sauce with a touch of cream.	£8.90
Penne Pollo Penne with chicken breast, mixed peppers and fresh chilli in a homemade tomato sauce with touch of cream.	£9.50

We are more than happy to combine any type of pasta with our sauces, ask your server if needed. Gluten free pasta also available, please ask your server and allow 20minutes cooking time. Fresh handmade Tagliatelle available for £1.50

FILLED PASTA

Ravioli Salsiccia Fresh and handmade Ravioli, stuffed with Italian sausage and béchamel sauce, tossed in a sausage, broccoli and cream sauce.	£11.95
Ravioli Spinach & Ricotta with Gorgonzola (V) (N) Fresh and handmade Ravioli filled with spinach and ricotta cheese and a touch of truffle, tossed in a sauce of gorgonzola cheese and crushed walnuts.	£11.95
Ravioli Spinach & Ricotta with Pomodoro (V) (N) Fresh and handmade Ravioli filled with spinach and ricotta cheese and a touch of truffle, tossed in our homemade tomato sauce.	£10.50

RISOTTO

Risotto Frutti di Mare Mixed seafood in a garlic and white wine sauce.	£11.95
Risotto Porcini (V) Wild mushrooms, onion and parmesan in a white wine sauce. (Please allow cooking time)	£9.50
Risotto Primavera Risotto with vegetables tossed in a green pea sauce.	£8.90

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Buon Appetito

(V) Suitable for vegetarians. Please note the vegetable oil used for frying may contain GM soya

(N) May contain nuts or nut oils, although dishes without these symbols are made without nuts, it is possible traces of nuts may be found in them

Food prepared in this establishment may contain wheat, fish, dairy, eggs, soya and nuts. Please ask your server for more information